

Butter Conversion Chart

via www.FromFoodieWithLove.com

Cups	Sticks	Tablespoons	Weight (Ounces)	Grams
1/4 C.	1/2 stick	4 tbsp	2 oz	57 g
1/2 C.	1 stick	8 tbsp	4 oz (1/4 lb)	113 g
3/4 C.	1 1/2 sticks	12 tbsp	6 oz	170 g
1 C.	2 sticks	16 tbsp	8 oz (1/2 lb)	227 g
1 1/4 C.	2 1/2 sticks	20 tbsp	10 oz	284 g
1 1/2 C.	3 sticks	24 tbsp	12 oz (3/4 lb)	341 g
1 3/4 C.	3 1/2 sticks	28 tbsp	14 oz	398 g
2 C.	4 sticks	32 tbsp	16 oz (1 lb)	454 g